

# Birchwood Camp Adventure Canoe Camp Gear List

**CAMPER:** \_\_\_\_\_

## PERSONAL GEAR

*(Provided by Participant /Required)*

- \_\_\_ XtraTufs/Muck boots/ waterproof boots
- \_\_\_ Camp/portage shoes (sandals that strap on, e.g. Tevas, Keens, or Chacos—NO TENNIS SHOES)
- \_\_\_ Sleeping bag (waterproof or synthetic fill) rated at 30-50 degrees
- \_\_\_ Sleeping pad
- \_\_\_ Mug, bowl, spoon/fork or spork
- \_\_\_ Pocketknife or Leatherman
- \_\_\_ Whistle
- \_\_\_ Compass
- \_\_\_ Lighter or waterproof matches
- \_\_\_ (1) Plastic 1-quart wide-mouth water bottle (Nalgene or similar) [2 preferred!]
- \_\_\_ Fishing license
- \_\_\_ Glasses retention device (Croakies or similar)
- \_\_\_ Pen or pencil
- \_\_\_ \$25-\$30 for lunch on the way home

## PERSONAL CLOTHING

*(Provided by Participant, Required)*

- \_\_\_ (3 pairs) socks, *wool or synthetic*
- \_\_\_ (2 pairs) underwear, *wool or synthetic*
- \_\_\_ (1) Long underwear bottoms, *wool or synthetic*
- \_\_\_ (1) Short sleeve T-shirt, *wool or synthetic*
- \_\_\_ (1) Long sleeve T-shirt, *wool or synthetic*
- \_\_\_ (1) Long underwear shirt, *wool or synthetic*
- \_\_\_ \*(1) Pair Shorts & (1) Pair Pants, *both synthetic*
- OR--
- \_\_\_ \*(2) Pair Pants, *synthetic*
- \_\_\_ Sweater, *Polar fleece or wool*
- \_\_\_ Waterproof raincoat
- \_\_\_ Waterproof rain pants
- \_\_\_ Light gloves, *wool or synthetic*
- \_\_\_ Warm hat
- \_\_\_ Baseball hat
- \_\_\_ A change of clothes in a small bag for ride home

## PERSONAL TOILETRIES:

- \_\_\_ Bandana, cotton
- \_\_\_ Ultra absorbent backpacking towel (MSR, REI Brand, etc), *synthetic*
- \_\_\_ Comb (If you need to brush your hair)
- \_\_\_ Toothbrush & paste, *travel size*
- \_\_\_ Deodorant, *travel size*
- \_\_\_ Personal medicines (MUST be given to nurse)

**WOMEN ONLY:** --NO MAKE-UP--

- \_\_\_ Tampons or Menstrual pads
- \_\_\_ (2) Sports Bras, *synthetic*

## OPTIONAL PERSONAL GEAR

- \_\_\_ Lip balm
- \_\_\_ Sunglasses
- \_\_\_ Small flashlight or headlamp
- \_\_\_ Camera
- \_\_\_ fishing gear (poles must be collapsible)

## BE CONSCIOUS OF YOUR GEAR WEIGHT!

Our trip leaders will inspect ALL your gear and possibly ask you or your parents to acquire appropriate gear before you leave on this trip. Bring only what is listed; if you are having trouble finding an item, feel free to contact Stephen 706-506-2763.

## COMMUNITY GEAR *(Provided by Birchwood Camp)*

- Canoes
- Paddles
- Lifejackets
- Tents with Rain Flies & Ground Tarps
- 115L. Waterproof dry-bags
- 10L. Waterproof dry-bags (for use as daypacks)
- Mesh Bags (for use as daypacks)
- Food & Snacks
- Cooking stoves
- Fuel & Fuel bottles
- Cooking utensils
- Cooking pots & pot grips
- Water purifier systems
- (4) 50ft Parachute cord
- Maps
- Spot Locator
- Cell Phone
- First Aid Kit
- Regular & Emergency matches
- Pepper spray (1/person)
- Camp axe
- Community toilet paper & trowel
- Community bug spray
- Community sun screen
- Repair kit: Duct tape; Sewing kit; Wire (10 feet); Nylon repair tape (2 feet); Iodine tablets

## LEADER WILL BRING:

- Health forms for campers and staff
- Group ID cards
- Vehicle emergency kits
- Permit